



- Me and My Feelings: [https://www.amazon.com/Me-Feelings-Understanding-Expressing-Themselves/dp/1641524960/ref=pd\\_bxgy\\_img\\_sccl\\_1/147-4438146-3638438?pd\\_rd\\_w=GPeAz&content-id=amzn1.sym.a6bed837-ef89-4bc6-a842-3962a5387175&pf\\_rd\\_p=a6bed837-ef89-4bc6-a842-3962a5387175&pf\\_rd\\_r=K827WF97KWTJ5FDRQZEQ&pd\\_rd\\_wg=XjePa&pd\\_rd\\_r=1a7363d5-23cf-4d4c-9f48-d9504791fa4c&pd\\_rd\\_i=1641524960&psc=1](https://www.amazon.com/Me-Feelings-Understanding-Expressing-Themselves/dp/1641524960/ref=pd_bxgy_img_sccl_1/147-4438146-3638438?pd_rd_w=GPeAz&content-id=amzn1.sym.a6bed837-ef89-4bc6-a842-3962a5387175&pf_rd_p=a6bed837-ef89-4bc6-a842-3962a5387175&pf_rd_r=K827WF97KWTJ5FDRQZEQ&pd_rd_wg=XjePa&pd_rd_r=1a7363d5-23cf-4d4c-9f48-d9504791fa4c&pd_rd_i=1641524960&psc=1)

#### **Additional Resources Used in Elyssa's Classroom:**

- <https://www.teacherspayteachers.com/Product/Free-Growth-Mindset-Poster-for-Social-Emotional-Learning-Class-Decor-Freebie-7088410>
- <https://www.teacherspayteachers.com/Product/Free-Social-Emotional-Learning-Support-Poster-and-Video-Reminders-for-Hard-Days-6017875>
- <https://www.teacherspayteachers.com/Product/Free-Social-Emotional-Learning-Activity-Coping-Tool-Exercise-in-Digital-Print-5969434>
- <https://www.teacherspayteachers.com/Product/Positive-Coloring-Pages-7292372>
- <https://www.teacherspayteachers.com/Product/SEL-Competencies-Posters-4056363>
- <https://www.teacherspayteachers.com/Product/FAIR-FIGHTING-RULES-3618712>
- <https://www.teacherspayteachers.com/Product/Circle-of-Control-I-Can-Control-Myself-Not-Others-Teaching-Tool-Poster-5535611>
- <https://www.teacherspayteachers.com/Product/COPING-SKILLS-SEL-Counseling-Lesson-on-Stress-Management-Distance-Learning-2922333>
- <https://www.teacherspayteachers.com/Product/I-MESSAGES-Conflict-Resolution-School-Counseling-Lesson-about-I-Statements-4064618>
- <https://www.teacherspayteachers.com/Product/RESPECT-Being-Respectful-Character-Education-School-Counseling-Lesson-Low-Prep-3819982>
- <https://www.teacherspayteachers.com/Product/Positive-Affirmation-Posters-Freebie-3018306>
- <https://www.teacherspayteachers.com/Product/Freebie-Coping-with-Disappointment-Poster-Handout-Counselor-Resource-2871836>
- <https://www.teacherspayteachers.com/Product/Zones-of-Regulation-Check-in-7140574>
- <https://www.teacherspayteachers.com/Product/Social-Emotional-Learning-Bulletin-Board-4845850>
- <https://www.teacherspayteachers.com/Product/Balloon-Belly-Breaths-A-Mindfulness-Breathing-Exercise-for-Relaxation-and-Calm--5468677>
- <https://www.teacherspayteachers.com/Product/FREE-Peace-Process-for-Conflict-Resolution-3600062>
- <https://www.teacherspayteachers.com/Product/Managing-BIG-Emotions-Poster-3648393>
- <https://www.teacherspayteachers.com/Product/Peaceful-Practices-Calming-Corner-FREEBIE--7086237>
- <https://www.teacherspayteachers.com/Product/FREE-Spotting-Feelings-Emoji-ISpy-Printable-PDF-6182605>
- <https://www.teacherspayteachers.com/Product/Calm-Corner-Posters-for-Breathing-and-Grounding-Strategies-6036851>
- <https://www.teacherspayteachers.com/Product/Mindfulness-5-Senses-Grounding-Activity-Mindful-Walking-SEL-Self-regulation--7116988>
- <https://www.teacherspayteachers.com/Product/Kindness-Coloring-Pages-KindnessNation-WeHoldTheseTruths-2972838>

## Calm Corner Example:

- Binder walk-through: <https://youtu.be/wRPyrLEG4K8>

