

Connecticut EdSERT FAQs

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Use this sheet as a quick reference for commonly asked questions about the implementation of EdSERT in Connecticut schools and districts.

What is EdSERT?

The Educator Social-Emotional Reflection and Training (EdSERT) program will help you learn more about key social and emotional skills and how those skills are reflected in your teaching practices. It presents ideas on how to enhance your own social and emotional skills and those of your students.

What is the benefit of completing this program?

EdSERT is a self-reflective and self-directed program for educators to enhance their understanding of social and emotional learning (SEL), increase their capacity to teach SEL, and empower educators to model SEL. Participating in EdSERT will also support your overall well-being by promoting close relationships and connections with colleagues and by increasing your coping skills and resilience.

How do I access the EdSERT program?

You can access EdSERT directly in the Aperture System by navigating to the Academy tab. If you need to activate your Aperture System account, follow the steps outlined in [Connecticut EdSERT Participation: An Educator's How-To Guide](#). You can also watch [this video](#) for more details.

Whom do I contact if I can't access my EdSERT program?

If you can't access your EdSERT program, reach out to your EdSERT Facilitator. You can also email CTEdSERT@ApertureEd.com for more support.

The activities in the lesson aren't working. What should I do?

If there are any links or lessons that are not currently working, you can first use the guidance in [this browser troubleshooting article](#). For additional support, you can reach out to your EdSERT Facilitator or email CTEdSERT@ApertureEd.com.

How do I complete my self-assessment?

Each module has a unique self-assessment specific to that competency. The self-assessment prompts you to reflect on your current use of social and emotional practices. There are no right or wrong answers, and your responses are private and won't be shared unless you choose to do so. To complete your self-assessment, download and save the PDF document. You can also print it and keep it for your own records. Set aside time to reflect on each item and identify focus areas that will help guide your self-reflection and development.

What are my next steps after my self-assessment?

After completing your self-assessment, take time to review your responses and complete your personal development plan. Your personal development plan prompts you to choose research-based strategies that you can integrate into your classroom practices.

What are the research-based strategies?

The strategies provided in each module are specific to that social and emotional competency. They offer different practices to enhance your own social-emotional competencies as well as strategies to integrate into your classroom to promote the social-emotional skills of your students.

How do I choose the best strategy to enhance my SEL practices?

The best strategies to use are those that align with the results of your self-assessment. They should feel comfortable for you to use in your classroom. Consider starting with one or two strategies and then integrate more as you feel more comfortable.

How do I complete my personal development plan?

The personal development plan is designed to help you reflect on your self-assessment results through multiple steps. When completing your self-assessment, you will identify areas of strength, emerging practices, and growth opportunities. As you complete your personal development plan, you review your self-assessment ratings, select your focus areas, and determine the strategies you will implement in the class to enhance your focus areas. After you've selected strategies, you will plan out additional considerations needed for a successful approach, including specific tools and techniques you will use and a plan for reviewing your progress.

Do I have to share the results of my self-assessment and personal development plan?

As you complete EdSERT you may wish to discuss your progress and success with a trusted colleague or mentor. However, you do not have to share the results of your self-assessment or personal development plan with others if you do not choose to. The extent to which you share areas of growth and what you've learned about yourself is based on how comfortable you feel sharing that information.

What happens after I complete all the chapters in a module?

After completing all the chapters in a module, take a few moments to celebrate yourself, reflect on what you have learned, and think about how you will carry this new knowledge as you put your personal development plan into practice. You can return to the content in each module at any time.

I forgot to download my completion badge. How can I access it?

Each module presents a completion badge after you finish the required chapters. The completion badge can be found in each module after the optional end-of-module survey. After completing a module, you can easily navigate to and download each completion badge by clicking the last chapter in each module in the EdSERT course.



Aperture Education empowers over 8,000 unique schools, over 156,000 educators and more than 2 million students across North America to measure, strengthen, and support social and emotional competence. The powerful data districts receive enables education leaders to take strategic action about SEL within their organizations. The Aperture System includes the DESSA suite of strength-based assessments, which is lauded by researchers for its high standards of reliability and validity. Educators also appreciate its ability to easily and quickly identify each student's personal social and emotional strengths and areas of needed support. Aperture partners with industry curriculum leaders to deliver research-based, CASEL™-informed intervention strategies to bolster specific areas of needed growth. With robust reporting in one easy-to-use system, Aperture is favored in districts nationwide. To learn more, visit www.ApertureEd.com.