Aperture Education

SEL STRATEGIES & INTERVENTIONS PACKAGE QUICK-START GUIDE

Get started with the SEL Strategies and Interventions Package.

LEARN HOW TO:

MAKE THE MOST OF YOUR DESSA DATA

Data-Driven Recommendations provides educators with SEL strategies and Tier 2 interventions tied directly to students' DESSA data.

ORGANIZE AND TRACK SEL STRATEGIES

Strategies Tracking helps educators keep track of the strategies they are implementing.

CONNECT, STRENGTHEN, AND EMPOWER!

Connect, strengthen, and empower students through the easy and effective implementation of SEL.

CONNECT WITH US

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DEMO VIDEO ICON

Look for this icon throughout this Quick-Start Guide to access short demo videos to support your work in the Aperture System.

OVERVIEW: AN MTSS APPROACH FOR SOCIAL AND EMOTIONAL LEARNING

The SEL Strategies and Interventions Package helps you make the most of your SEL investment by offering actionable data-driven next steps to support students' social and emotional growth. It accomplishes this through an MTSS approach ensuring that each student receives the level of support they need to be successful. Data-Driven Recommendations immediately provides social and emotional strategies recommendations according to students' full DESSA assessment results. Universal SEL Strategies provide direct instruction for Tier 1 or Tier 2 groups. Tier 2 Intervention Programs offer targeted support for small groups that need intensive competency building. SEL Strategies Tracking allows educators to organize and track strategies for optimal implementation.
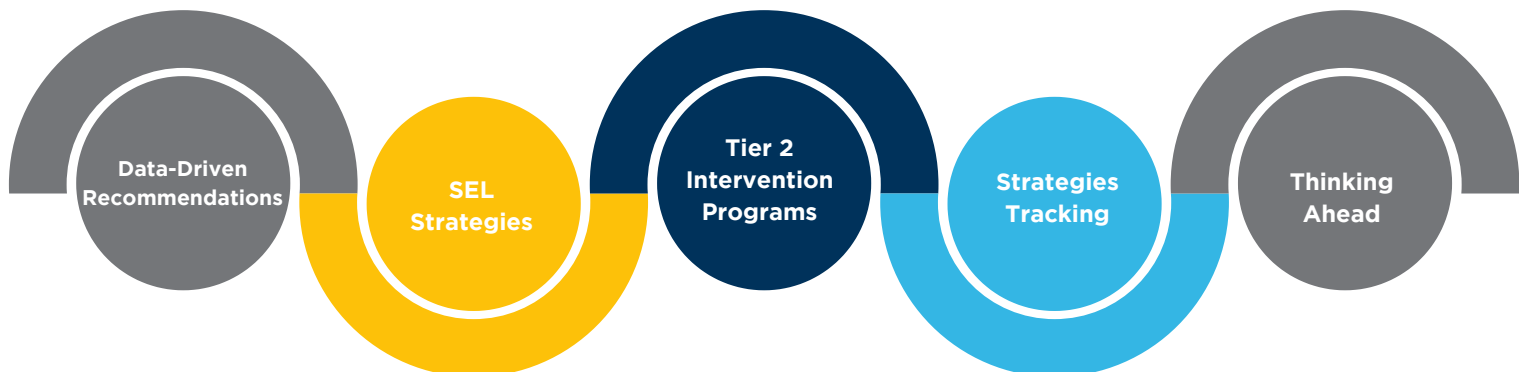
GETTING SUPPORT

Additional resources for all users in the Aperture System include self-paced courses, short on-demand videos, live webinars, quick-start guides, FAQs, and other helpful documents and guides. To access all of our learning options and choose the best path for you, log in to your Aperture System account and click the Academy tab.

You can also access our 24/7 Support Portal in your account by clicking on the ⑦ question mark icon in the upper right-hand corner of the dashboard. In the Support Portal, type the name of the resource you are looking for into the search bar or scroll through the suggested resources. To contact our Support Team, click the Submit A Request button on the top right to submit a ticket.
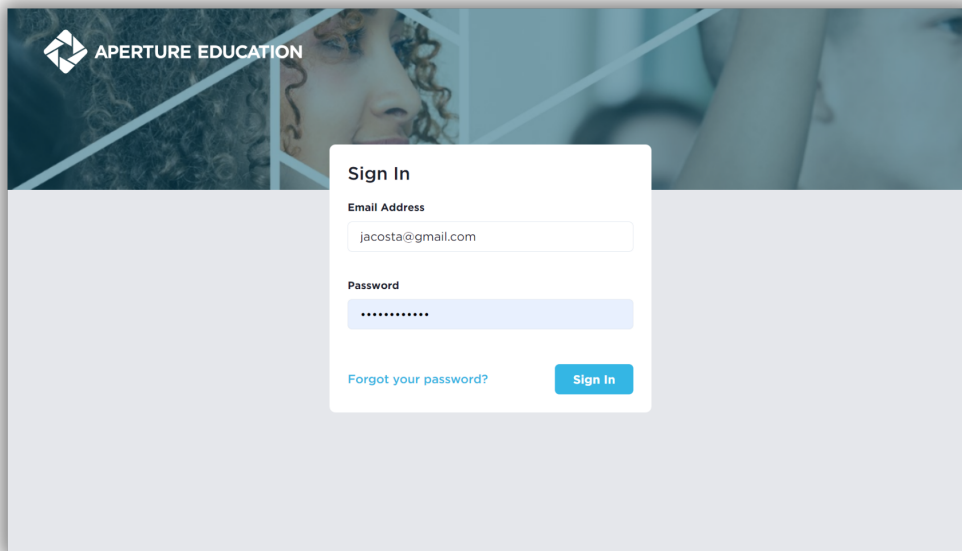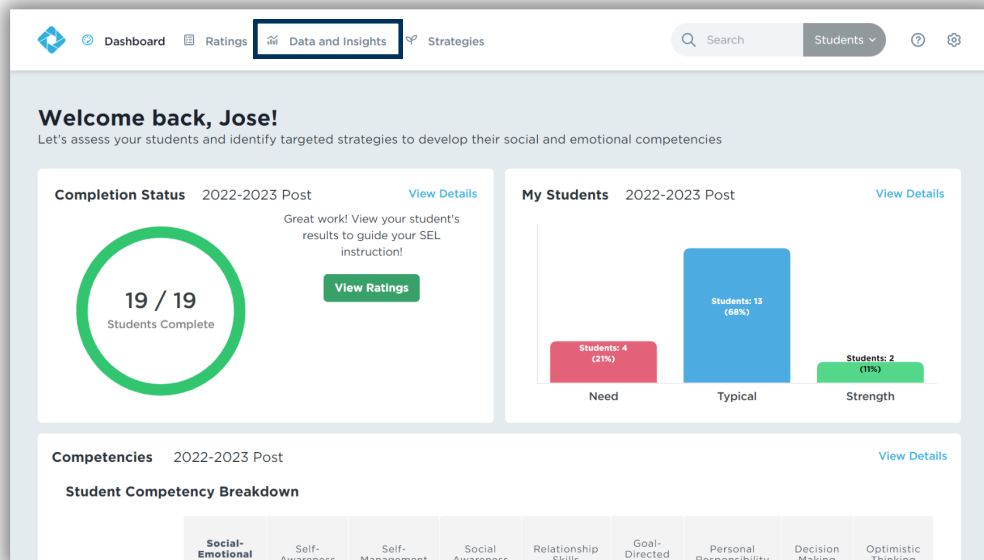
IN THIS QUICK-START GUIDE

Data-Driven Recommendations

SEL Strategies

Tier 2 Intervention Programs

Strategies Tracking

Thinking Ahead

DATA-DRIVEN RECOMMENDATIONS ▶

1 **LOGIN TO THE APERTURE SYSTEM**

2 **CLICK ON THE DATA AND INSIGHTS TAB**

DATA-DRIVEN RECOMMENDATIONS

3 **CLICK ON DATA-DRIVEN RECOMMENDATIONS**

4 **FILTER YOUR DATA FOR YOUR PREFERRED GROUP OF STUDENTS**

DATA-DRIVEN RECOMMENDATIONS

5 **DATA-DRIVEN RECOMMENDATIONS WILL PROVIDE STRATEGIES AND INTERVENTIONS**

Data-Driven Recommendations will provide 3 SEL strategies based on your students' DESSA data results.

The first strategy is based on the group's highest scoring competency.

The second and third recommended SEL Strategies are based on your students' opportunities for growth.

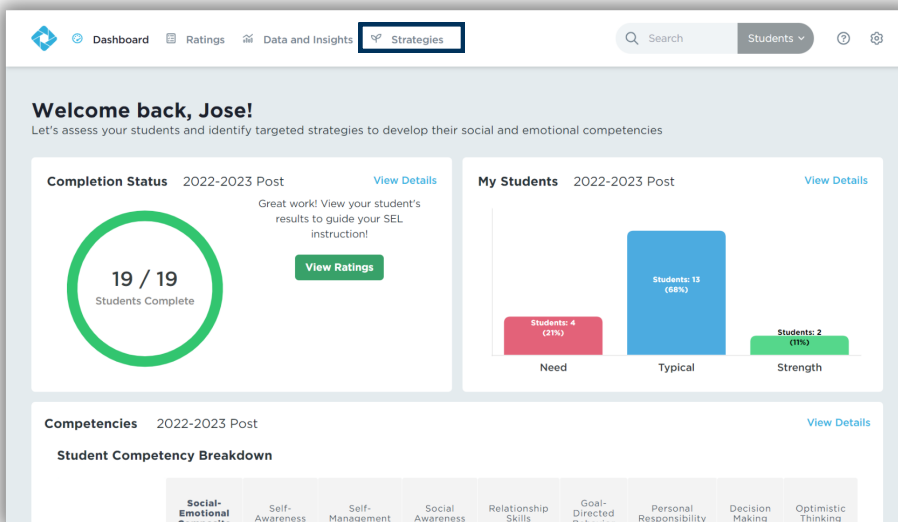Data-Driven Recommendations will identify one Tier 2 intervention program.

You can view and begin the recommended Tier 2 intervention program from the Data-Driven Recommendations page.

SEL STRATEGIES ▶

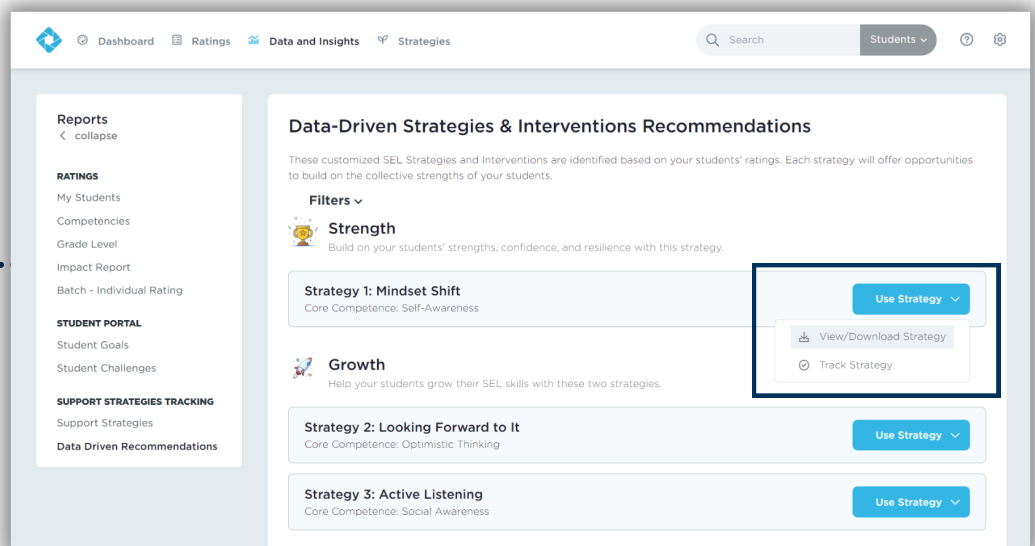**1** **THERE ARE TWO WAYS YOU CAN ACCESS THE SEL STRATEGIES**

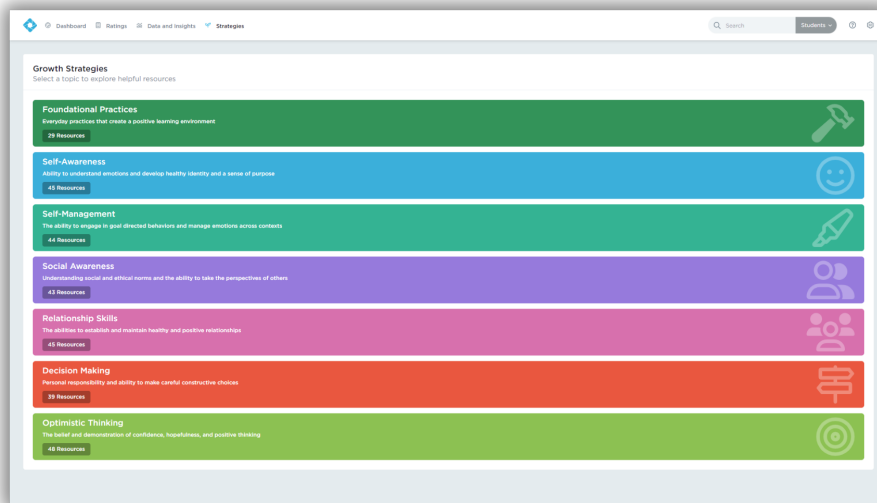**You can access the SEL strategies directly from the Strategies tab on your dashboard.**

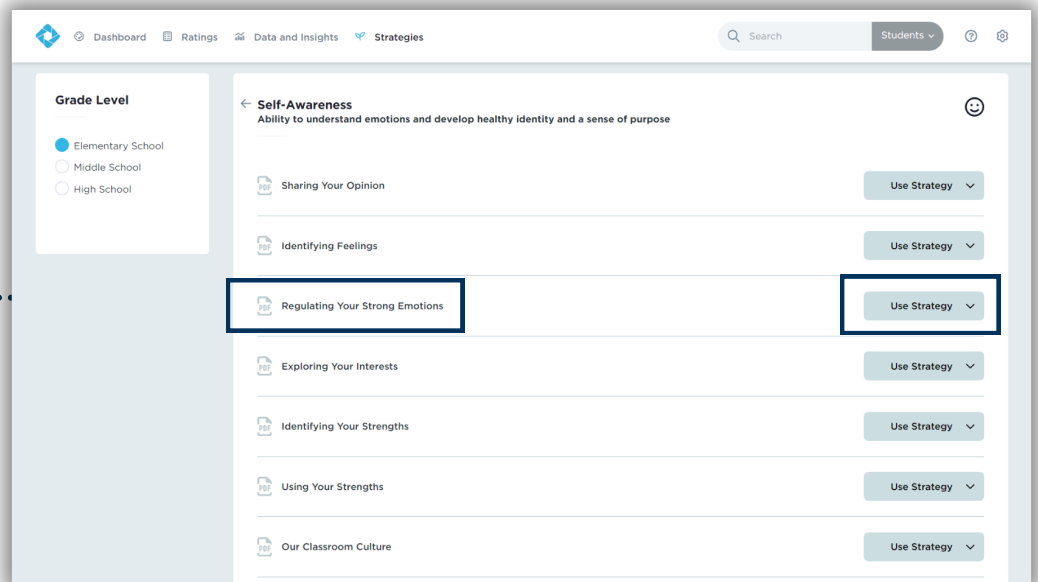**You can view, track, and download SEL strategies from Data-Driven Recommendations.**

SEL STRATEGIES

2 SELECT YOUR DESIRED COMPETENCY AND CHOOSE A STRATEGY

The SEL strategies are housed under their corresponding competency.

You can download or track your strategy of choice.

SEL STRATEGIES

WARMING UP WITH STRENGTHS
Optimistic Thinking

Middle School

This activity gives all students the opportunity to experience success by practicing a skill they have mastered. Although this strategy can be done with the whole class, it is especially important for students who struggle.

Duration: Less than 5 minutes.

Activity Overview

Self-talk, also known as inner speech, is the internal dialogue that we have with ourselves during different situations. When the inner dialogue is positive, it can encourage us to continue working through difficult tasks, stay on track with responsibilities, support emotional regulation, and navigate challenging social situations. In this activity, students identify examples of how to intentionally use positive self-talk, learn new examples of self-talk, and plan for times in the future to intentionally use self-talk.

Implementation Considerations

Italicized text is recommended language to lead the conversation or activity with your students.

This activity works best if it is individualized. Check in with students to encourage updating their warm-up activity as they develop new skills.

Why this Works

SMALL SUCCESSES CAN BUILD RESILIENCE

Experiencing success helps students develop positive emotions about learning and increases engagement.[1] Experiencing success is especially important for students who struggle academically.

Purpose

- Ensure that every student has the opportunity to feel successful as a learner.
- Ease students into the class period with a warm-up activity.

Materials

- Warm Up with Strengths Idea Generator—Example (included below)
- Warm Up with Strengths Idea Generator—Blank (included below)

DESSA Theme

Belief and demonstration of a positive and hopeful perspective

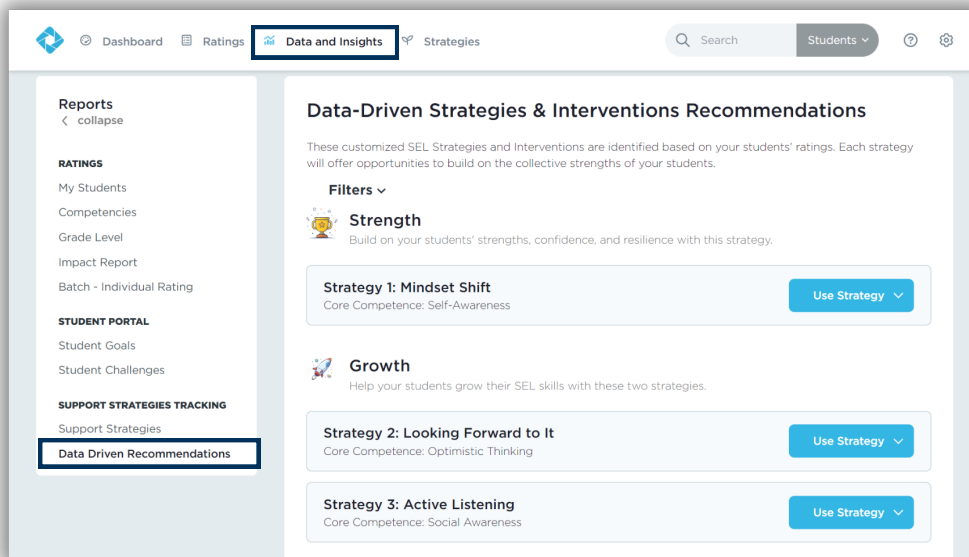APERTURE EDUCATION

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All of our strategies are research-based!

Each strategy is designed to take between 5 and 20 minutes.
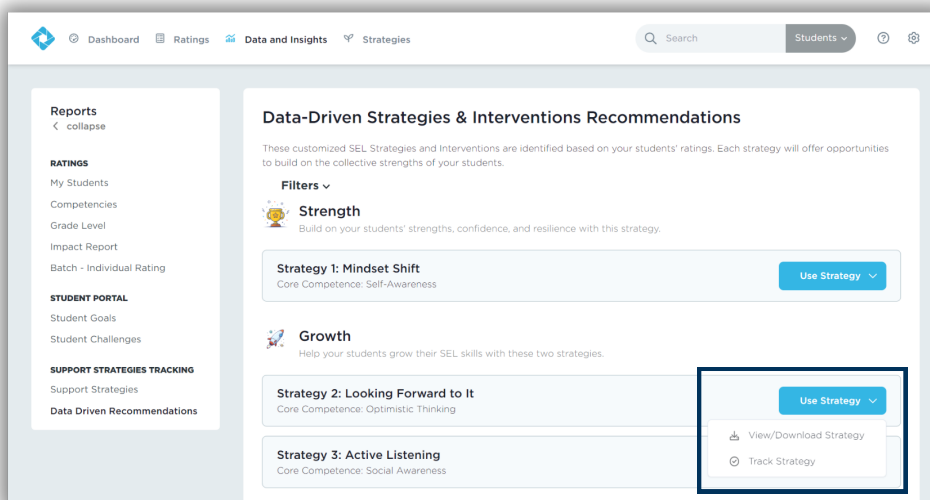
Click the demo icon on page 5 for a deep dive into the strategies and suggested implementation!

STRATEGIES TRACKING

1 **GO TO DATA-DRIVEN RECOMMENDATIONS FROM THE DATA AND INSIGHTS TAB**

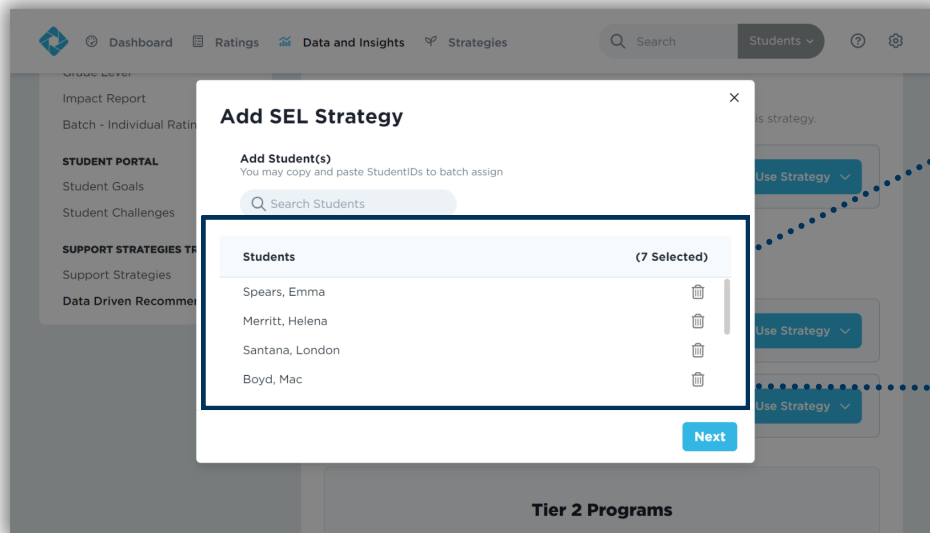**2** **CHOOSE THE STRATEGY YOU PLAN TO TRACK**

Click "Use Strategy" and then click "Track Strategy".

# STRATEGIES TRACKING

3 CUSTOMIZE YOUR STRATEGY TRACKING!

Students will automatically populate based on the filters set in Data-Driven Recommendations.

You can customize the list by deleting students.

The target competency will automatically populate based on the filters set.

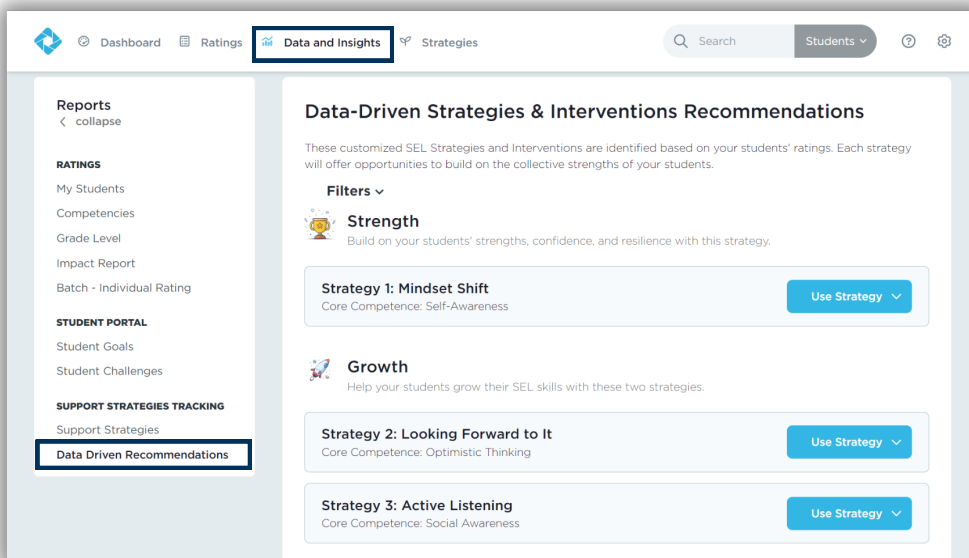**Select a start and end date and how frequently the strategy will be implemented.**

Choose an "Owner" to implement the strategy and record student progress in the "Comments" section.
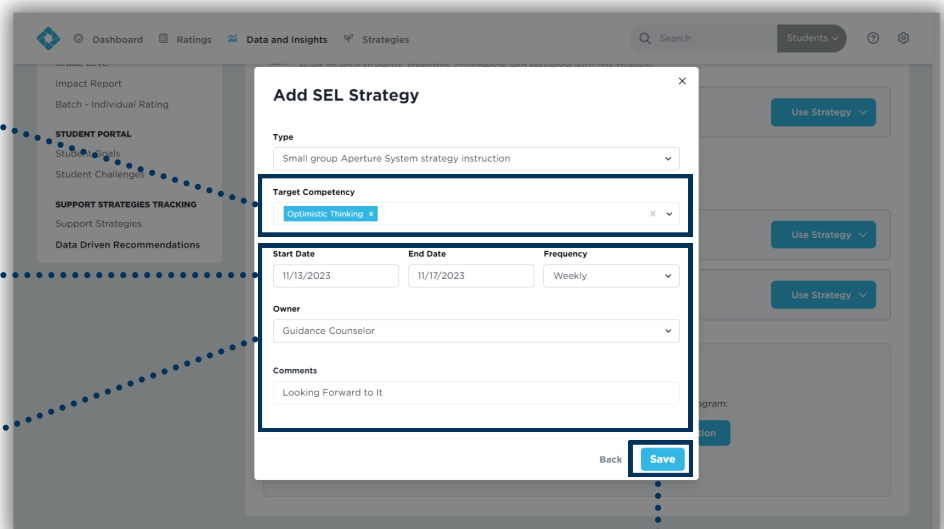
Don't forget to save your choices!

TIER 2 INTERVENTION PROGRAMS ▶

1 GO TO DATA-DRIVEN RECOMMENDATIONS FROM THE DATA AND INSIGHTS TAB

2 SCROLL DOWN TO THE RECOMMENDED TIER 2 INTERVENTION PROGRAM

Click the recommended Tier 2 intervention program or explore the others!

TIER 2 INTERVENTION PROGRAMS

3   **LESSON GUIDES PROVIDE STEP-BY-STEP INSTRUCTIONS FOR FACILITATING EACH LESSON**

> **The Lesson Guides also offer customizable presentation slides and Lesson Tools with teaching tips and extension options.**

4   **VISIT THE ACADEMY TAB FOR A FULL OFFERING OF TIER 2 INTERVENTION PROGRAMS**

REFLECTING AND THINKING AHEAD

1 ENGAGE IN A DATA-REVIEW PROCESS

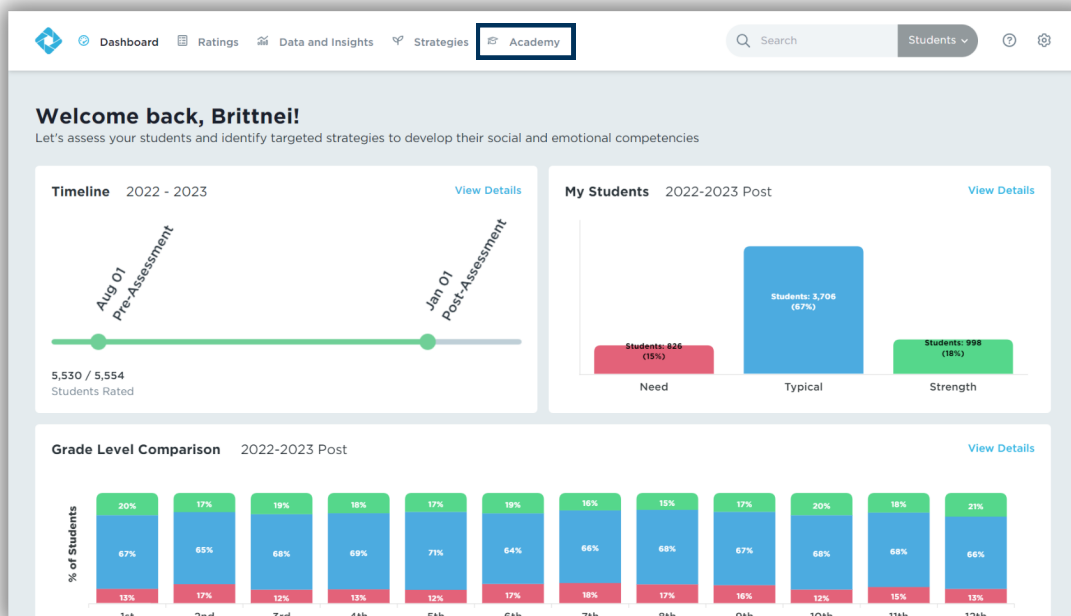Because the SEL Strategies and Interventions Package offers data-driven next steps to support students' social and emotional growth, here are a few considerations for engaging in a data-review process:

☐ After each rating window, access and review your data before acting on it to implement strategies and interventions.

☐ Use your students' data to guide instructional decisions including interventions and preventative practices.

☐ Use the various reports in the Aperture System to monitor progress throughout the school year.

2 GOAL SETTING QUESTIONS BASED ON DESSA DATA

In the Aperture Guide to Data-Driven SEL there are recommended questions to guide discussion around continuous improvement of SEL programming and assessment processes, based on the DESSA results:

☐ What are the decision criteria to guide movement in and out of targeted supports for students?

☐ Does the data indicate equitable growth and outcomes for students from different racial/ethnic groups?

☐ Have school staff received the professional development and resources needed to implement high-quality targeted SEL programs?

☐ Are the targeted supports aligned with the needs of the students and with the goals of the universal program?